



# ZORRA SKATING CLUB OCTOBER 2014 NEWSLETTER

## President's Message

Welcome to the 2014-15 Skating Season with the Zorra Skating Club! It is so nice to see so many new and returning faces at the arena. I hope you are as excited as we are for this season.

The board members and the coaches have been busy getting ready for the upcoming season. We have many young caring volunteers who have been trained by our coaches to assist your children in their learning. These are our "Program Assistants" or more commonly referred to as PA's. You will be able to identify them by their red jackets that were generously donated by the Egg Farmers of Ontario.

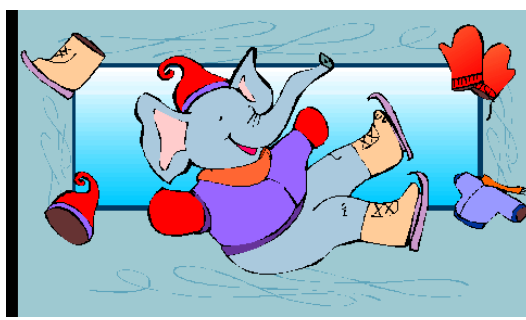
It won't be long before all our skaters are up and moving on their own. It often helps our beginners to gain confidence on ice if they are allowed to move around the house in their skates and skate guards to practice what they have learned on the ice. This is also helpful with breaking in new skates for our more experienced skaters.

We have many fun activities planned for this year. Make sure you watch the newsletter, bulletin board and/or website for updates. Our coaches and PA's are gearing up for our Halloween Parties which will be held October 29<sup>th</sup> for our CanSkaters and October 30<sup>th</sup> for our Junior and Intermediate skaters. Come dressed in your costume for some ghoulish fun.

Please feel free to speak to any of our board members with any questions or comments. We are always looking for new ideas to make our club better.

Becky Graves

ZSC President



## **Coaches Corner** - *Submitted by Debbie Roefs (Pro Rep)*

The Zorra Skating Club Coaching Staff would like to welcome all our skating families to another action packed winter season. We have many exciting activities planned, the first being a **Halloween Party on Wednesday, Oct 29<sup>th</sup> & Thursday, Oct 30<sup>th</sup>**. Our Skaters may wear costumes but they should be safe to skate in. We recommend that your skater NOT wear a Mask as it limits their vision. CanSkaters should still wear their helmets.

### **Safety is our First Priority**

We would like to thank all the parents who informed the Club of health risks concerning their children. Even minor conditions such as impaired hearing, sight or attention problems are things we should know about. If you forgot to mention any health concerns prior to skating, please let us know. This will enable us to conduct our skating sessions in a safe and productive manner.

Did you know that we take attendance each day? This is in case there is an emergency evacuation and it's necessary to get your children off the ice quickly. The Professional Coaching Staff have trained the Program Assistants to take your children off the closest exit leading from the ice. Our P.A.'s have been instructed to take the attendance book and to meet in the parking lot at the south side of the rink until construction is finished. Attendance will be taken again to ensure that all of our skaters are accounted for. You as parents are asked to meet us there even if you have your child.

Unruly behaviour can cause a Safety Risk to ALL the skaters on the ice. On occasion, a skater may receive a "Time Out" from one of our Professional Coaches in the form of a penalty for unsportsmanlike conduct. This would be serviced in the penalty box. If the behaviour continues, they may be asked to leave the ice.

### **Skating Equipment**

Please remember your skater can only perform as well as their equipment allows. Properly fitted skates are essential. If your child's ankles are either leaning in or out, then there's definitely a problem. It's imperative that their ankles are well supported and that the blades are mounted correctly. Occasionally a skater may have a foot problem that can cause this. Moving the blade can sometimes help. Proper blade sharpening is crucial.

**If at any time you have questions or concerns about your skater, feel free to talk to any of the Professional Coaching Staff when they are off the ice or by phone. We love to talk about skating!**

# **Coaching Staff 2014 – 2015**

**~ Contact info on our ZSC Website**

Marcia Coull  
Deb Roefs

Brandi Lake  
Jaclynne Shanes

Beth Lochhead  
Denise Wijnker

## **Canskate Sessions: Wednesday & Friday**

**- Marcia Coull, Jaclynne Shanes & Brandi Lake**

## **Juniors/Intermediates Combined:**

**Monday - Beth Lochhead**

**Thursday – Marcia Coull**

**Senior Stroking and Group Instruction: will be taught by one of our qualified Professional Coaching staff.**

\* Please note: You will notice from time to time additional coaches on the ice giving private instruction. These coaches have been hired by the skater's parents to give their child extra one on one instruction (Private Lessons). This will give their skater the opportunity to compete in local Competitions and/or advance at a quicker rate. Any parent interested in private or semi-private lessons for your skater should ask a Professional Skating Coach.

## **Bond**

There are many ways to work off your bond requirements. They include selling fundraising, working in the music room on Monday and Thursday nights, helping out with the auction and other events that require volunteers. If you have any questions about your bond hours, please contact Emil Wijnker.

## **Music Players Needed**

As an alternative to fundraising, bond hours can be completed by working in our music room. We need music players for our starskate sessions on Mondays and Thursdays from 5:30-7:00 and from 7:10-8:50.

One and a half hours in the music room is equal to one bond hour. Operating our music system is not difficult – see a board member for instructions or even better, drop by the music room on a Monday or Thursday and learn from the music player. There is a music sign-up sheet on the bulletin board in the music room.

## Fundraising

Hello to our new and returning skating families. Our fundraising for this season has already started with the Lamontagne and Elmira orders. These orders need to be submitted to any board member by **Wednesday, October 15<sup>th</sup>**. The chicken order is being delivered to the arena on **Friday, November 7<sup>th</sup>** and will be available for pickup at 5:30pm. If you have ordered - please make arrangements to have it picked up as we are unable to keep it frozen for you. The Lamontagne does not have a specific delivery date but it should arrive to us by the end of November in plenty of time for the Holiday Season.

The MacMillan's order needs to be submitted no later than Friday, November 21<sup>st</sup> and all these products will be delivered to the arena on Friday, December 12<sup>th</sup> and will be available for pickup at 5:30 pm. Looking ahead to the next couple of months, we will have one more Elmira poultry order before Christmas - details about dates will be posted soon.

This year we will also be hosting a "Ladies Night Out" which will be held on Friday November 7<sup>th</sup>, 2014 at 7:00pm at the Embro Legion. We are currently looking for consultants of independent businesses to make a fun evening out for Christmas shopping. We are currently looking at ways to assist in bringing bond hours down with this event.

It is never too early to start making plans for our annual "I Love My Skater" Dinner and Auction. This year the date is Saturday February 7<sup>th</sup>, 2015. This is a licensed event with a full meal and is our largest fundraiser of the year. It is a lot of fun and the more people the better. With everyone's help we can make this year's auction - the best ever! Please mark the date on your calendars now and plan to attend. **We would appreciate if all skating families could provide a minimum of two items for the auction (these can be from you or from any business.)** Stay tuned for more information in upcoming newsletters.

Thanks,

Becky Graves & Sarah Pletsch (Fundraising Chairs)

## Upcoming Dates

- Oct. 01, 2014 PA Clinic
- Oct. 03, 2014 ZSC First Day of Canskate
- Oct. 13, 2014 **THANKSGIVING (No Skating)**
- Oct. 15, 2014 Elmira & Lamontagne Orders Due
- Oct. 29, 2014 Canskate Halloween Party (All Wednesday & Friday skaters)
- Oct. 30, 2014 Starskate Halloween Party (All Monday & Thursday skaters)
- Oct. 31, 2014 **HALLOWEEN (No Skating)**
- Nov. 7, 2014 Elmira Chicken Orders to be picked up at the arena
- Nov. 7, 2014 Ladies Night
- Nov. 17, 2014 Fun Competition and Skate Swap
- Nov. 21, 2014 McMillan Orders Due
- Dec. 12, 2014 2<sup>nd</sup> Session Registration (Canskate A)
- Dec. 19, 2014 Santa Skate and PA Party
- Dec. 29, 2014 Holiday Ice Show

**\*\* Dates subject to change.**

**\*\*\*Please watch the bulletin board or Website for more information [www.zorraskatingclub.ca](http://www.zorraskatingclub.ca)**



